

Result Driving School Pupil Guidance for resuming lessons

Covid -19 Routine Checklist.

Please be aware if you are unwell we are not charging for cancellations but would appreciate as much notice as possible to help us all stay safe

BEFORE THE LESSON

Before every lesson your instructor will call you to check if:

- You or anyone in your household have any symptoms of Coronavirus such as a cough or high temperature

Find out more at www.nhs.uk/conditions/coronavirus-covid-19/symptoms-and-what-to-do

- You know or have been in contact with anyone that is showing symptoms
- You or anyone they have been in contact with have travelled from a high risk region

It is important that you answer these questions honestly as you do put the instructor or other pupils at risk. This will also avoid the lesson being cancelled halfway through if your instructor decides you are not well enough, which may have financial implications to you.

During the call you will be requested to wash your hands thoroughly for 20 seconds in line with the government guidance, immediately before the house or place of work.

- You will be advised there will be no handshakes
- The car will be sanitised before you get in
- The windows will be open at all times and to wear appropriate clothing
- To wear long sleeves and trousers and not to wear open toed shoes.
- Consider Payment method. Discuss with your instructor.

The Instructor will only leave to collect you for the lesson once they are happy with your response.

On arrival at the pick up point the instructor will assess whether you are well enough to start the lesson.

- They will not let you in the car straight away
- From a distance of (min 2m) conversation about wellbeing and assess for coughs, high temperature etc.
- They may ask you to put any jackets, bags loose items and mobile phones in a plastic bag in the boot to help reduce the risk of infection.

Again if they are not 100% happy with your state of health or demeanour they will not start the lesson and explain that the lesson will have to be postponed until you recover.

During the Lesson

The lesson structure will remain the same, Your instructor will agree some objectives and perhaps go over some areas to reassess where you are as it may have been some time since you have driven.

Your instructor will advise you that:

- Any writing will be should be done by them – don't share pens or devises where possible. Clean with anti-bac wipes straight after.
- Training resources will be held up and not passed between the two of you.
- You should try avoid directly facing each other when discussing scenarios
- If they are going to provide a demonstration drive they will need to wipe down the controls before and after and change gloves before and after.
- The windows will be open to some degree to help ventilation even in wet weather.
- In hot temperatures air conditioning may not be used.
- Recirculated air system should not be used at this time.
- Discussions/briefings during the lesson will be held outside the car which is different to what you have been used to.

PERSONAL PROTECTIVE EQUIPMENT (PPE)

The C-19 Virus can be spread through contact points and air-borne droplets and so personal protective equipment may be advised.

- Gloves- These can be used providing they do not impede the safe handling of the vehicle. If you can supply your own disposable gloves to avoid any allergic reaction.

Your instructor will have some nitrile gloves available.

- Face coverings/Masks- There is a little concern over wearing face coverings because it can hamper communication and for wearing eyesight correction it can steam up or impede vision. Plastic shields must not be worn due to injury that could be caused if an air bag was to detonate. For these reasons the Department of health has advised to look ahead when in conversation and not at each other.
- Please talk to your instructor if you feel unwell whilst using this.

After the lesson Once the session has finished dispose of any gloves safely and wash your hands for 20 seconds or sanitise. It may be advisable to change all your clothes on return to your home and wash them to help protect your household.

SIGNED

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